

Health and Physical Education Program

Purpose Statement

The department of health, physical education and recreation commits itself to developing graduates who embrace the liberal arts philosophy and who can demonstrate analytical and critical thinking skills, which contribute to the full understanding of the interrelationship of health, fitness, and wholeness in life.

The department offers programs designed for health-related professions, teaching physical education and health in the elementary and secondary schools, graduate preparation, and a related area of special emphasis in sports management.

B.S. in Health Science (72 credit hours)

This degree in Health Science is new in academic year 2020-21. As such, some of the courses required for graduation will not be offered until academic year 2022-23. Thus, this program is open only to first-time freshmen or to transfers intending to graduate in spring 2023 or later and who have completed the equivalent of College Biology I & II. Transfers desiring to graduate by spring 2022 may want to consider the Interdisciplinary Health Science major in the Department of Natural Science.

Requirements

G-BI 111 College Biology I (4 credit hours)
G-CH 111 College Chemistry I (5 credit hours)
BI 112 College Biology II (4 credit hours)
CH 112 College Chemistry II (5 credit hours)
G-PE 150 Concepts in Holistic Health (2 credit hours)
HS 175 Health Systems (3 credit hours)
PE 180 First Aid and Personal Safety (2 credit hours)
G-HS/PE 190 Social and Behavioral Determinants of Health (3 credit hours)
HS 200 Public and Community Health (3 credit hour)
PY 204 Child & Adolescent Development (3 credit hours)
BI 207 Medical Terminology (2 credit hours)
G-BI 210 Principles of Nutrition (3 credit hours)
G-CM 218 Business and Professional Communication (3 credit hours)
BI 225 Human Anatomy (4 credit hours)
HS 275 Career Exploration in Health Science/Healthcare Management (2 credit hours)
HS 290 Health Policy (3 credit hours)
BI 315 Human Physiology (4 credit hours)
HS 325 Healthcare Finance (3 credit hours)
PE 330 Physiology of Exercise (3 credit hours)
HS 375 Junior Seminar in Health Science/Healthcare Management (2 credit hours)
HS 395 Healthcare Administration, Leadership, and Management (3 credit hours)
HS 475 Senior Capstone in Health Science/Healthcare Management (6 credit hours)

B.S. in Healthcare Management (65 credit hours)

The degree in Healthcare Management is new in academic year 2020-21. As such, some of the courses required for graduation will not be offered until academic year 2022-23. As such, transfers desiring to enter this program in fall 2020 should expect no fewer than three years to complete the program.

Requirements

G-BI 101 Principles of Biology (4 credit hours)
G-CH 101 Principles of Chemistry (4 credit hours)
G-BA 130 Principles of Business Management (3 credit hours)
G-PE 150 Concepts in Holistic Health (2 credit hours)
HS 175 Health Systems (3 credit hours)
G-HS/PE 190 Social and Behavioral Determinants of Health (3 credit hours)
HS 200 Public and Community Health (3 credit hours)
EC 202 Survey of Economics (3 credit hours)
AC 205 Financial Accounting (3 credit hours)
AC 206 Managerial Accounting (3 credit hours)
G-CM 218 Business and Professional Communication (3 credit hours)
BA 221 Marketing (3 credit hours)
HS 275 Career Exploration in Health Science/Healthcare Management (2 credit hours)

HS 290 Health Policy (3 credit hours)
BA 315 Business Law (3 credit hours)
HS 325 Healthcare Finance (3 credit hours)
BA 325 Financial Management (3 credit hours)
BA 339 Human Resource Management (3 credit hours)
HS 375 Junior Seminar in Health Science/Healthcare Management (2 credit hours)
HS 395 Healthcare Administration, Leadership, and Management (3 credit hours)
HS 475 Senior Capstone in Health Science/Healthcare Management (6 credit hours)

B.S. in Physical Education and Health (46 credit hours)

Requirements

G-BI 101 Principles of Biology (4 credit hours) or **G-BI 111** College Biology (4 credit hours) or **G-BI 106** Environmental Biology (4 credit hours)
G-CH 101 Principles of Chemistry (4 credit hours)
PE 110 Introduction to Team Sports (2 credit hours)
G-PE 150 Concepts of Holistic Health (2 credit hours)
PE 160 Intro to Dual and Individual Sports I (2 credit hours)
PE 161 Intro to Dual and Individual Sports II (2 credit hours)
G-PE 170 Personal and Community Health (2 credit hours)
PE 180 First Aid and Personal Safety (2 credit hours)
PE 210 Human Sexuality (3 credit hours)
PE 220 Human Anatomy and Physiology for Physical Education (2 credit hours)
PE 244 Sport and Society (3 credit hours) or **PE 289** Sport and Exercise Psychology (3 credit hours)
PE 280 Care and Treatment of Athletic Injuries (3 credit hours)
PE 330 Physiology of Exercise (3 credit hours)
PE 375 Junior Seminar (1 credit hour)
***PE 380** History and Philosophy of Sport and Physical Education (3 credit hours)
PE 411 Kinesiology (3 credit hours)
PE 450 Organization & Administration of Health, Physical Education, and Athletics (3 credit hours)
PE 475 Senior Seminar (2-6 credit hours)

Additional Requirements for Teacher Education Majors, PK-12 (47 credit hours)

PY 101 Introduction to Psychology (3 credit hours)
CI 150 Introduction to Education (3 credit hours)
PY 204 Child and Adolescent Development (3 credit hours)
SE 210 Introduction to Infant, Child, Youth with Special Needs (3 credit hours)
CI 220 Principles and Strategies of Teaching (3 credit hours)
CI 232 Educational Technology (2 credit hours)
CI 251 Introduction to Education Practicum (1 credit hour)
PE/EE 305 Methods of Teaching PE in Elementary School (2 credit hours)
CI 315 Reading in the Content Field (2 credit hours)
CI 333 Intercultural Education (2 credit hours)
CI 351 Secondary Education Practicum (1 credit hour)
EE 375 Elementary Education Practicum (1 credit hour)
PE/CI 410 Methods of Teaching PE in Secondary School (2 credit hours)
PE/CI 426 Methods of Teaching School Health (2 credit hours)
CI 455 The Teaching-Learning Process (3 credit hours)
EE 465 Student Teaching in the Elementary School (6 credit hours)
CI 475 Student Teaching in the Secondary School (6 credit hours)
CI 476 Professional Seminar in Education (2 credit hours)

Additional Requirements for the Sport Management Emphasis (15 credit hours)

G-BA 130 Principles of Business Management (3 credit hours)
EC 202 Survey of Economics (3 credit hours)
AC 202 Survey of Accounting (3 credit hours)
BA 221 Marketing (3 credit hours)
***BA 339** Human Resource Management (3 credit hours)