

# Health and Physical Education Program

## Purpose Statement

The department of health, physical education and recreation commits itself to developing graduates who embrace the liberal arts philosophy and who can demonstrate analytical and critical thinking skills, which contribute to the full understanding of the interrelationship of health, fitness, and wholeness in life.

The department offers programs designed for health-related professions, teaching physical education and health in the elementary and secondary schools, graduate preparation, and a related area of special emphasis in sports management.

## B.S. in Health Science (72 credit hours)

This degree in Health Science is new in academic year 2020-21. As such, some of the courses required for graduation will not be offered until academic year 2022-23. Thus, this program is open only to first-time freshmen or to transfers intending to graduate in spring 2023 or later and who have completed the equivalent of College Biology I & II. Transfers desiring to graduate by spring 2022 may want to consider the Interdisciplinary Health Science major in the Department of Natural Science.

### Requirements

**G-BI 111** College Biology I (4 credit hours)  
**G-CH 111** College Chemistry I (5 credit hours)  
**BI 112** College Biology II (4 credit hours)  
**CH 112** College Chemistry II (5 credit hours)  
**G-PE 150** Concepts in Holistic Health (2 credit hours)  
**HS 175** Health Systems (3 credit hours)  
**PE 180** First Aid and Personal Safety (2 credit hours)  
**G-HS/PE 190** Social and Behavioral Determinants of Health (3 credit hours)  
**HS 200** Public and Community Health (3 credit hour)  
**PY 204** Child & Adolescent Development (3 credit hours)  
**BI 207** Medical Terminology (2 credit hours)  
**G-BI 210** Principles of Nutrition (3 credit hours)  
**G-CM 218** Business and Professional Communication (3 credit hours)  
**BI 225** Human Anatomy (4 credit hours)  
**HS 275** Career Exploration in Health Science/Healthcare Management (2 credit hours)  
**HS 290** Health Policy (3 credit hours)  
**BI 315** Human Physiology (4 credit hours)  
**HS 325** Healthcare Finance (3 credit hours)  
**PE 330** Physiology of Exercise (3 credit hours)  
**HS 375** Junior Seminar in Health Science/Healthcare Management (2 credit hours)  
**HS 395** Healthcare Administration, Leadership, and Management (3 credit hours)  
**HS 475** Senior Capstone in Health Science/Healthcare Management (6 credit hours)

## B.S. in Healthcare Management ( 65 credit hours)

The degree in Healthcare Management is new in academic year 2020-21. As such, some of the courses required for graduation will not be offered until academic year 2022-23. As such, transfers desiring to enter this program in fall 2020 should expect no fewer than three years to complete the program.

### Requirements

**G-BI 101** Principles of Biology (4 credit hours)  
**G-CH 101** Principles of Chemistry (4 credit hours)  
**G-BA 130** Principles of Business Management (3 credit hours)  
**G-PE 150** Concepts in Holistic Health (2 credit hours)  
**HS 175** Health Systems (3 credit hours)  
**G-HS/PE 190** Social and Behavioral Determinants of Health (3 credit hours)  
**HS 200** Public and Community Health (3 credit hours)  
**EC 202** Survey of Economics (3 credit hours)  
**AC 205** Financial Accounting (3 credit hours)  
**AC 206** Managerial Accounting (3 credit hours)  
**G-CM 218** Business and Professional Communication (3 credit hours)  
**BA 221** Marketing (3 credit hours)  
**HS 275** Career Exploration in Health Science/Healthcare Management (2 credit hours)

**HS 290** Health Policy (3 credit hours)  
**BA 315** Business Law (3 credit hours)  
**HS 325** Healthcare Finance (3 credit hours)  
**BA 325** Financial Management (3 credit hours)  
**BA 339** Human Resource Management (3 credit hours)  
**HS 375** Junior Seminar in Health Science/Healthcare Management (2 credit hours)  
**HS 395** Healthcare Administration, Leadership, and Management (3 credit hours)  
**HS 475** Senior Capstone in Health Science/Healthcare Management (6 credit hours)

## **B.S. in Physical Education and Health (46 credit hours)**

### **Requirements**

**G-BI 101** Principles of Biology (4 credit hours) or **G-BI 111** College Biology (4 credit hours) or **G-BI 106** Environmental Biology (4 credit hours)  
**G-CH 101** Principles of Chemistry (4 credit hours)  
**PE 110** Introduction to Team Sports (2 credit hours)  
**G-PE 150** Concepts of Holistic Health (2 credit hours)  
**PE 160** Intro to Dual and Individual Sports I (2 credit hours)  
**PE 161** Intro to Dual and Individual Sports II (2 credit hours)  
**G-PE 170** Personal and Community Health (2 credit hours)  
**PE 180** First Aid and Personal Safety (2 credit hours)  
**PE 210** Human Sexuality (3 credit hours)  
**PE 220** Human Anatomy and Physiology for Physical Education (2 credit hours)  
**PE 244** Sport and Society (3 credit hours) or **PE 289** Sport and Exercise Psychology (3 credit hours)  
**PE 280** Care and Treatment of Athletic Injuries (3 credit hours)  
**PE 330** Physiology of Exercise (3 credit hours)  
**PE 375** Junior Seminar (1 credit hour)  
**\*PE 380** History and Philosophy of Sport and Physical Education (3 credit hours)  
**PE 411** Kinesiology (3 credit hours)  
**PE 450** Organization & Administration of Health, Physical Education, and Athletics (3 credit hours)  
**PE 475** Senior Seminar (2-6 credit hours)

## **Additional Requirements for Teacher Education Majors, PK-12 (47 credit hours)**

**PY 101** Introduction to Psychology (3 credit hours)  
**CI 150** Introduction to Education (3 credit hours)  
**PY 204** Child and Adolescent Development (3 credit hours)  
**SE 210** Introduction to Infant, Child, Youth with Special Needs (3 credit hours)  
**CI 220** Principles and Strategies of Teaching (3 credit hours)  
**CI 232** Educational Technology (2 credit hours)  
**CI 251** Introduction to Education Practicum (1 credit hour)  
**PE/EE 305** Methods of Teaching PE in Elementary School (2 credit hours)  
**CI 315** Reading in the Content Field (2 credit hours)  
**CI 333** Intercultural Education (2 credit hours)  
**CI 351** Secondary Education Practicum (1 credit hour)  
**EE 375** Elementary Education Practicum (1 credit hour)  
**PE/CI 410** Methods of Teaching PE in Secondary School (2 credit hours)  
**PE/CI 426** Methods of Teaching School Health (2 credit hours)  
**CI 455** The Teaching-Learning Process (3 credit hours)  
**EE 465** Student Teaching in the Elementary School (6 credit hours)  
**CI 475** Student Teaching in the Secondary School (6 credit hours)  
**CI 476** Professional Seminar in Education (2 credit hours)

## **Additional Requirements for the Sport Management Emphasis (15 credit hours)**

**G-BA 130** Principles of Business Management (3 credit hours)  
**EC 202** Survey of Economics (3 credit hours)  
**AC 202** Survey of Accounting (3 credit hours)  
**BA 221** Marketing (3 credit hours)  
**\*BA 339** Human Resource Management (3 credit hours)